Ruff Plushie & Game

Hit the target with Ruff!
Make your own Ruff plushie—then slide him across the floor to win points.

Make the Plushie

Materials:
- 1 white sock
- 2 extra socks (for stuffing)
- Red and yellow food coloring
- Bowl
- Water
- Scissors
- Black permanent marker

Instructions:

Prepare the sock:

Step 1:
To give your plushie its Ruff Ruffman color, soak the white sock for ten minutes in two cups water with several drops of yellow and red food coloring. Wring out the water and hang dry or toss in the dryer.

Step 2:
Lay the sock on a flat surface. Cut down the middle of the sock opening—stopping at the heel of the sock.

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Make the Plushie Continued:

CREATE RUFF’S BODY:

STEP 3:
Stuff the foot of the sock with the extra socks.

CREATE RUFF’S EARS:

STEP 4:
Working with the flaps you made in step 2, tie a single knot at the base of each ear.

STEP 5:
Trim and shape the ends of the ears.

CREATE RUFF’S FEATURES:

STEP 6:
Use a black marker to draw Ruff’s eyes, nose, mouth, and tummy.

Play the Game

Instructions:

STEP 1:
Print the target on the next page. Cut it out and tape to the floor—placing tape along the full length of each edge.

STEP 2:
Kneel a few feet away from your target. Slide your Ruff plushie toward the target, aiming for the center.

STEP 3:
See how many points you earn after six tries. Now try again. Change how far the plushie moves by sliding it harder or softer.

TIP: This game is best played on a smooth surface like wood or tile, but can be adapted for carpet by tossing the plushie, instead of sliding it.

More Ways to Play:

Place your Ruff plushie on the target. Slide another soft toy toward him. Can you push Ruff off the target with an opposite FORCE?

Unlike Ruff, the plushie can’t move by itself. It needs a FORCE (a push or a pull) to make it move.

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