

# SEPTEMBER 2019



## MPEB KIDS CLUB

3825 Ridgewood Road, Jackson, MS 39211

[mpbonline.org/kids/](http://mpbonline.org/kids/) T: 601.432.6565

### Greetings!

*I hope you are having a great start at school! Learning is fun and I hope you enjoy it as much as I do! This month's newsletter is packed with information and fun activities for you and your parents! Good luck on a successful school year!*

Empee Bee

### Back to School: Social-Emotional Learning Emotions & Self-Awareness

We all have feelings! When kids develop a strong emotional toolkit, they are better able to handle the ups and downs of life. As parents, we can help children name their feelings, understand them and develop strategies for expressing them in healthy ways. For more information and resources on this topic visit <https://www.pbs.org/parents/learn-grow/all-ages/emotions-self-awareness>



### Upcoming Events

#### September 7

#### Parents & Kids Fitness Fest

10 am - 3 pm

Mississippi Trade Mart

1200 Mississippi St,

Jackson, MS 39202

#### October 16

#### Get To Work Resume Building Workshop

9 am - 2 pm

(Parents/Guardians)

Mississippi Public

Broadcasting

3825 Ridgewood Rd

Jackson MS 39211

#### To RSVP:

<https://gettingtowork.mpbonline.org/community/events/>

#### November 2

#### Kids Club Birthday Party

10 am - 12 pm

Mississippi Public

Broadcasting

3825 Ridgewood Rd

Jackson MS 39211

#### RSVP: TBA

#### November 20

#### Get To Work Hiring Event

9 am - 2 pm

(Parents/Guardians)

Mississippi Public

Broadcasting

3825 Ridgewood Rd

Jackson, MS 39211

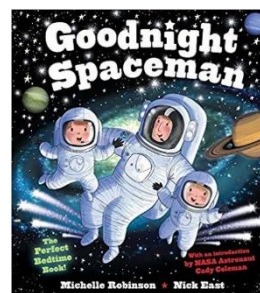
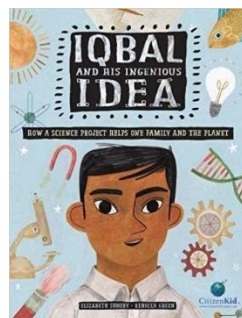
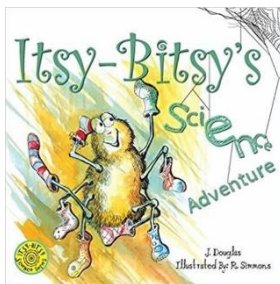
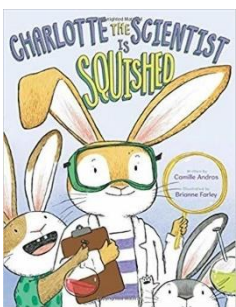
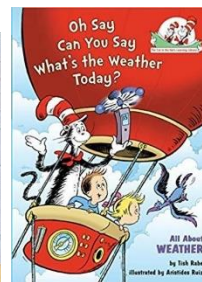
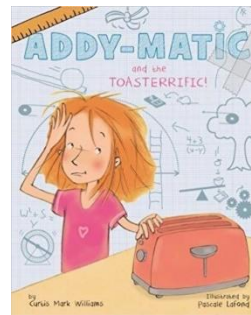
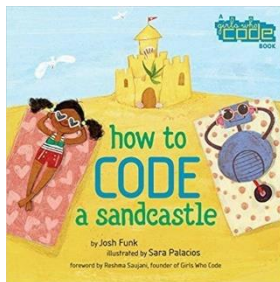
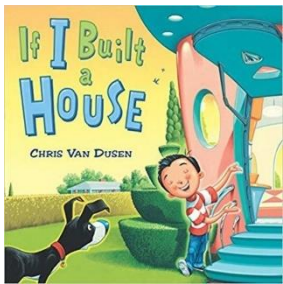
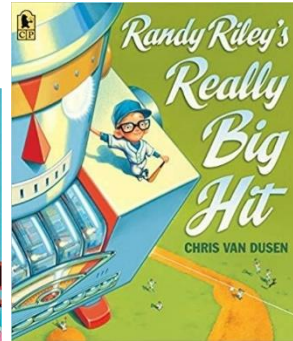
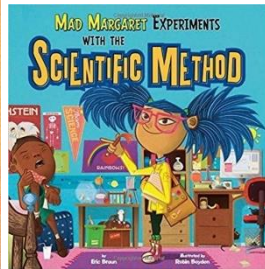
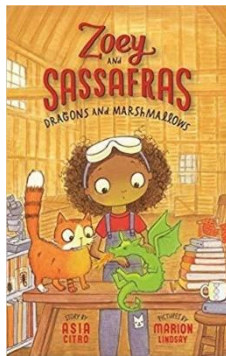
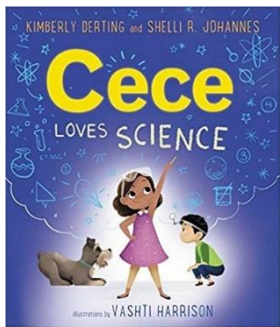
#### To RSVP:

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# Books to Inspire Your Young Scientists

By Tamera Dodson

Science isn't just for adults! Children are natural scientists, asking questions and making predictions about the world around them. They want to know "why" and "what if" and "how." Just like your young scientist, the characters in this collection of books for children ages 2-8 are always asking questions, conducting experiments, and building new inventions. After reading these books, what will your child be inspired to create?



## Scenes from the 2019 Mississippi Book Festival

Thank you to all the visitors who came by to visit us and Daniel Tiger at the State Capitol on August 17!!!



For more information please visit:

<https://www.pbs.org/parents/thrive/books-to-inspire-your-young-scientist>



# DANIEL TIGER'S NEIGHBORHOOD

## Family Game Time

Print this page twice to play a simple matching game. Cut along the lines on the page to make individual cards. Shuffle the cards. Place each one face down. The first player turns over two cards. If the cards match, they keep the cards. If they don't match, they turn them upside down again. The next player takes a turn. The game is over when players have matched all of the cards.



[pbskids.org/daniel](http://pbskids.org/daniel)

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## Mozie-mazing Cookies

Nana Platypus shares her recipe for a special family treat. Enjoy making it with your own family!

### INGREDIENTS

- 1 banana, smashed
- 1/2 cup + 1/8 cup oats (rolled oats or quick oats)
- 2 tsp honey
- 1/4 cup shredded, unsweetened coconut
- 1/8 cup mini chocolate chips
- 1/4 cup raisins



### DIRECTIONS

- Preheat oven to 350°.
- Mix everything together and roll cookie dough into 1 inch balls.
- Place cookies 2 inches apart on a lightly greased baking sheet.
- Bake for 12 to 15 minutes or until the cookies are firm to touch or bounce back when touched.
- Cool cookies for 5 minutes before removing from baking sheet. Cool them for another 5 minutes on a cooling rack or a plate with a paper towel under the cookies to absorb the moisture.
- Cookies should be served warm the day they are made or can be stored in an airtight container overnight at room temperature.

**Cookies should not be stored longer than 2 days.**

### CHEF'S NOTES — 🐾 🐾 —

Be sure to remind young children about important safety rules when working together as a family in the kitchen:

- Always wash your hands before and after preparing food.
- Only adults should use the oven and touch the hot cookies during baking.
- Adults should use oven mitts when taking baking sheets in and out of the oven.
- Be cautious of hot baking sheets.
- Only adults should check that the cookies are cool enough for eating.

**I LOVE THE SPECIAL THINGS I DO WITH YOU.**

[pbskids.org/daniel](http://pbskids.org/daniel)

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