

# Ready To Learn | Pre-K Workshop Offerings

## Body Shout – Taking Care of My Body

Ready, set, let's get moving! This workshop will help children learn about healthy ways to take care of their bodies. They will explore which foods are healthy and unhealthy. Through examining a skeleton, children will learn about the bones in their bodies and how important it is to exercise every day.

1.PK.2, 1.PK.3

## Chicka, Chicka, Boom, Boom

In this rhythmic, rhyming book all the letters race each other up the coconut tree. Students recite the alphabet and learn letter recognition in this fun lesson filled with hands-on activities.

8.PK.5, 5.PK.1a, 5.PK.1b, 5.PK.2b, N.PK.3, N.PK.4, 1.PK.3, 3.PK.6, 6.PK.1, 6.PK.2

## Clifford's Birthday Party

Today is a special day. It's Clifford's birthday! Children enjoy a birthday party that focuses on gross motor skills, letter recognition, measuring, charting, and sorting through fun games. Don't miss out on the fun!

1.PK.4b, 2.PK.1, 1.PK.3, 2.PK.2

## Curious George Construction Vehicles

Put on your hard hat and vest and learn about construction sites with Curious George in this engaging lesson. Children will learn about different construction equipment, the function of each machine, and construction site safety through a read aloud, a video clip, a creative art project, building with blocks, and an active game.

3.PK.9, 7.PK.2, 7.PK.3, 5.PK.1

## Dental Hygiene

In this lesson, children will learn about ways to keep their teeth healthy. They will go on a virtual field trip to the dentist's office and learn about oral hygiene. Through various fun activities, they practice flossing and brushing.

1.PK.1, 1.PK.3

## If You Give a Mouse a Cookie

The well-known book introduces the important concepts of sequencing and cause and effect. During the lesson, children will also practice counting and matching the number of objects in a set to the correct number.

1.PK.4a, 1.PK.4b, 1.PK.3c, 1.PK.3, 1.PK.5, 5.PK.4a, 6.PK.4, 6.PK.7, 7.PK.2, 7.PK.5, 8.PK.5,

## Jamberry

A boy and a bear set off looking for berries in this lighthearted story filled with inventive language and whimsical rhymes. The activities include a video clip, jam tasting, berry math, and berry patch painting.

1.PK.3a, 1.PK.4a, 1.PK.4b, 1.PK.1

The Ready To Learn service is a nationwide effort using on air, online, and print resources to help parents, caregiver, and childhood educators prepare children for success. As part of the KNPB Ready To Learn service, we offer free children's workshops in classrooms.

An engaging video, a read aloud, and fun hands-on activities are integrated into the workshop. Lessons are aligned to the Nevada Pre-Kindergarten Standards.

All materials are supplied, and a trained facilitator will lead the 30-45 minute workshop.

For more information or to schedule a workshop please contact Joy Foremaster at [readytolearn@knpb.org](mailto:readytolearn@knpb.org) or 775.682.7823.

## Mixing Colors

Have you ever mixed colors together? This lesson focuses on what happens when red, yellow and blue paint are mixed together. Students will explore color through color paddles, color mixing, a read aloud, short video, and scarf dancing.

P.2.A.3, 10.PK.1b

## Mouse Shapes

What can you make with various geometric shapes? In this lesson, children have the opportunity to explore geometric shapes through hands-on activities and games. They discover that these shapes are in their everyday environment.

4.PK.1a, 4.PK.1b

## My Five Senses

In this lesson, children will have the opportunity to learn about their five senses and why they are so important. They will participate in activities that stimulate their sense of sight, hearing, smelling, tasting, and touching.

L.PK.4

## Owl Babies

How wide is an owl's wingspan? Children will explore the wingspan of owls through age appropriate measuring, counting, and determining which is smaller or larger.

1.PK.4a, 1.PK.4b, 3.PK.1

## Ready To Learn | PreK Workshop Offerings - Continued

### **Penguins**

How do penguins keep warm in ice, snow, and frigid waters? This lesson will help children understand how a penguin can survive in the world's coldest climate, Antarctica. During the lesson, they will also experience through a simulation game how a penguin carries the egg and baby penguin.

N.PK.3, N.2.B.2, N.PK.5, L.PK.1, L.PK.4

### **The Cat in the Hat**

This delightful classic is the foundation of a fun lesson that provides children an opportunity to use their imaginations, work on gross motor skills, and practice problem solving. Students are encouraged to demonstrate their balancing skills like the Cat in the Hat through an engaging activity.

2.PK.2, 1.PK.1, 3.PK.2

### **The Very Hungry Caterpillar**

The ravenous caterpillar provides students with the opportunity to practice math and reading comprehension skills. The lesson includes an active retell, exploring symmetrical wings, replicating patterns, sorting objects by attributes, and searching for bugs in a sensory bin.

2.PK.1, 6.PK.1, 2.PK.2, 5.PK.1, L.PK.7

### **We're Going on a Bear Hunt**

This classic song and story invites children to bravely set out to find a bear. Students will explore positional words, retell a story, sharpen math skills, and make a map. The lesson is filled with engaging, fun activities.

3.PK.1, 7.PK.1a, 7.PK.2, 1.PK.4a, 1.PK.4b, 2.PK.1, G5.PK.1

### **We All Sing with the Same Voice**

No matter where you live, what you look like, or what you do, we are all the same where it counts—at heart. In our global economy, it is important for children to learn at an early age the ability to accept cultural differences. Children will explore how people look and dress from other places in the world through various activities. They will create a self-portrait adding unique qualities about themselves.

HI.PK.3, G5.PK.1, 4.PK.3

What teachers are saying about Ready To Learn workshops:

"So much fun for the kids. They really enjoyed all of the activities. I also love that the children were given books to take home! Great program!"

Melisa Schillinger, Head Start.

"Excellent story and activity – the kids didn't want it to end!"

Stephanie Nishikida, UNR, Child and Family Research Center.

"Our children were classifying, matching colors, and practicing 2 step directions, I love how you fit so many skills into one lesson!"

Preschool, Head Start

"It's nice having someone drive out to our community since it's so far north, It's something special our kids might not get to experience otherwise! Thank you!"

Preschool, Cold Springs Child Care Center

"I love that you provided the kids with a read aloud, time to talk and hands on experiences so they can really get a good understanding of the topic."

Preschool, Boys & Girls Club