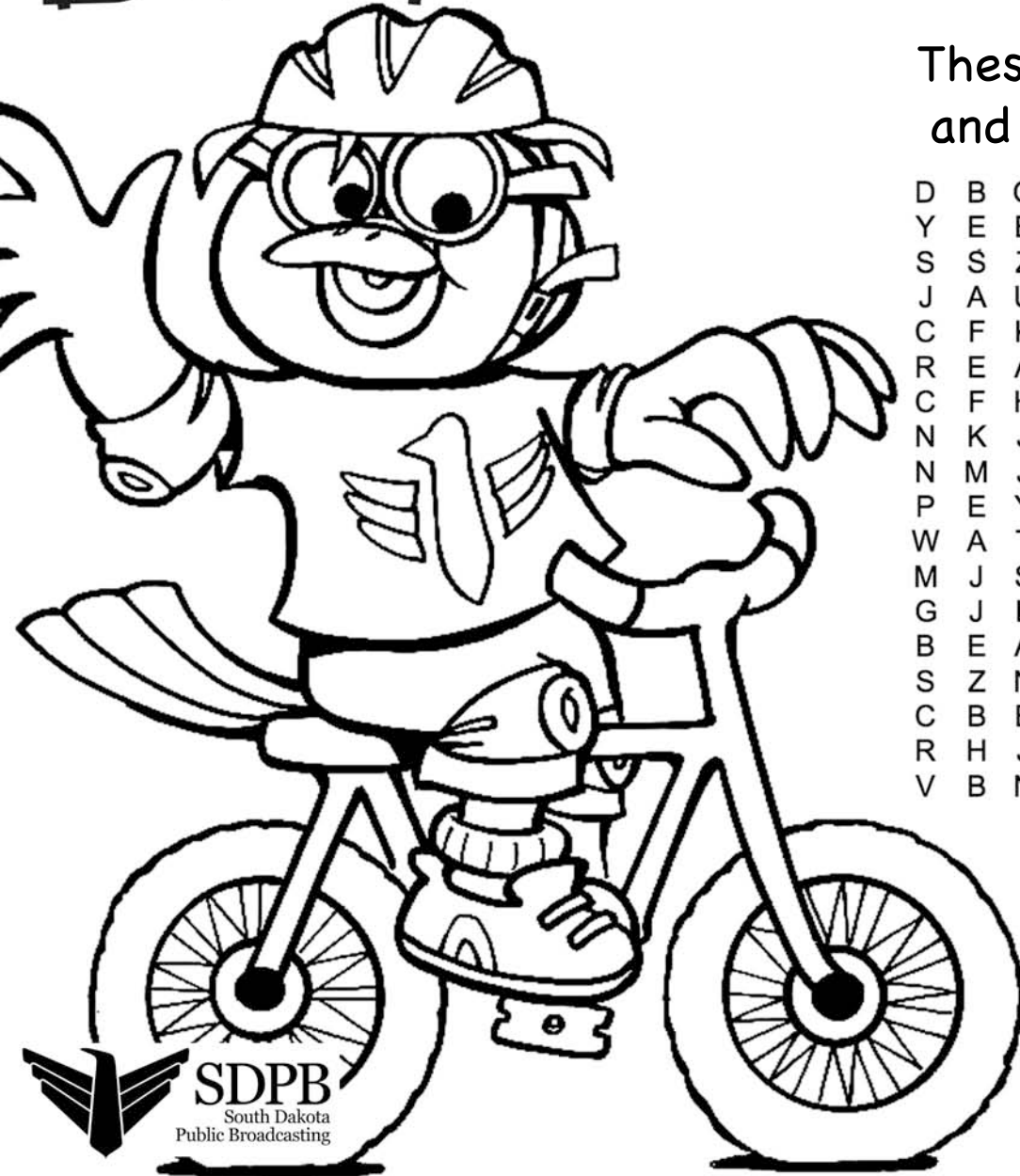


Buddy's Healthy Habits



These fun activities help you work, think and play in the healthiest possible way!

D	B	G	B	M	K	D	C	V	W	R	Y	D	A	Z	N	L	K	O	U
Y	E	B	E	T	Z	O	R	V	A	M	J	P	B	E	H	V	B	U	S
S	S	Z	N	G	U	J	L	R	S	W	C	N	B	A	W	F	S	C	E
J	A	U	J	R	B	R	U	S	H	Y	O	U	R	T	E	E	T	H	Y
C	F	K	O	V	K	K	R	D	Y	B	P	Y	W	H	B	X	N	M	O
R	E	A	Y	E	W	H	F	N	O	F	V	Y	I	E	L	E	R	S	U
C	F	H	M	O	R	S	Q	V	U	G	J	L	O	A	V	R	D	B	R
N	K	J	U	Y	R	F	J	L	R	D	V	B	N	L	W	C	C	B	I
N	M	J	S	D	R	R	D	K	H	F	I	K	N	T	D	I	Q	F	M
P	E	Y	I	N	M	G	R	E	A	D	G	H	N	H	R	S	W	C	A
W	A	T	C	H	S	D	P	B	N	W	C	N	B	Y	D	E	L	W	G
M	J	S	D	R	R	D	K	H	D	V	B	N	L	W	C	C	B	F	I
G	J	L	O	A	V	R	D	B	S	Y	E	B	E	T	Z	O	R	V	N
B	E	A	G	O	O	D	F	R	I	E	N	D	N	K	J	U	Y	R	A
S	Z	N	G	U	J	L	R	S	W	C	N	B	A	W	F	S	C	E	T
C	B	E	L	I	E	V	E	I	N	Y	O	U	R	S	E	L	F	G	I
R	H	J	M	J	S	D	R	R	D	K	H	F	R	D	K	H	D	V	O
V	B	N	L	W	C	C	B	I	V	R	F	J	L	R	D	V	B	N	N

- BE SAFE
- ENJOY MUSIC
- WATCH SDPB
- BELIEVE IN YOURSELF
- EAT HEALTHY
- BE A GOOD FRIEND

- USE YOUR IMAGINATION
- READ
- WASH YOUR HANDS
- BRUSH YOUR TEETH
- EXERCISE